Dr Emily Woollen is an Academic Developer at the Institute for Academic Development (IAD) at the University of Edinburgh, where she supports researchers to develop their academic and professional skills. One of her specialisms is in supporting interdisciplinary researchers (IDRs), and her interest in this area stems from her own experiences as a postdoctoral researcher working on large interdisciplinary projects. She has a keen interest in supporting other IDRs to pursue interdisciplinary research and careers successfully. Some of the support she has developed includes a workshop on interdisciplinary collaborations, a guide for early career researchers to navigate the challenges of interdisciplinary research, the Interdisciplinary Conversations series to have open discussions with other researchers, and a University of Edinburgh SharePoint site for all things interdisciplinary. Emily is keen to co-create support for IDRs and aims to build resources and support collaboratively going forward. Twitter: @EmilyWoollen.