If you need this in another format, please email iad.researchers@ed.ac.uk

www.ed.ac.uk/riad

If you want to be part of the festival, you can sign up at:

https://riad.ac/2OqjPlr

#ACWRIFEST20

ATTENDEES

51284
Words Written

3 WRITING RETREATS
9 RESEARCHER WRITING HOURS

Top Tips for writing from home

4 Blogs
215 Registrations
145 Amenities

In a writing day try to aim for 600 words even if they are rubbish and then walk away.

If you are stuck, just write the first thing that comes to mind, even if it is nonsense. It helps break the mental blocks.

Do 10 minutes of free writing by hand when you’re feeling stuck. It can help to get away from the screens and switch off the pressure.

Try to focus on one thing at a time, rather than letting your mind thinking about all these other things that also need to get done.

Avoiding writing retreats and writing hotels - Philip has been pretty lonely at the heart of cities, with this really helps me to focus. I have also been lucky to have my own little weekly writing group, where we chat about how our work is going and encourage each other.

I am in a comfortable position but without any distractions. Just focus on how to write.

I need to break down the tasks into smaller chunks to make them manageable. Since I usually got bored doing the same thing over and over, I try to schedule a different task for each day.

Stop looking at email - and don’t be available for others online.

I like putting on background noise on YouTube - jungle sounds or tap-tap sounds - this helps create a space that is too writing. If other work comes.

If there is some writing that I’ve really been putting off, I tell myself to do 10 minutes and then I will really struggle to get in to it. I can stop very very easily from what I was working on.

Use a timer which gives me 4 minutes blocks and then a 5 minute break. I turn off all notifications and check my work, only type on paper. It helps to break the initial freeze.

I put a timer on the ‘Just write’ sessions that last an hour, just write time into my diary and I often find that I want to continue for an hour or so.

Go to the ‘Just write’ sessions at least an hour, just write time into my diary and I often find that I want to continue for an hour or so.

Break the writing into small chunks. If I find it especially useful for more intensive sections such as writing/review meeting sections and just do a little each day. It means less of a time on a day. 1-2 hour blocks is taken up by writing and makes it seem less overwhelming.

Just write, do not correct anything, worry about using words repeatedly or check spelling later. Just type.

Don’t succumb to the pressure of doing what others are. You are your own person with your pace and journey. Enjoy it!

Don’t underestimate the power of a ‘loopy’ first draft. The hardest thing is getting it written and I often find that I’m happy to continue for an hour or so.

I use a timer which gives me 4 minutes blocks and then a 5 minute break. I turn off all notifications and check my work, only type on paper. It helps to break the initial freeze.

I also tend to have a separate desktop with only the documents that I need open in their native workspace, this is the best way.

More ‘Top Tips’ are available in our ‘WriteFest | Top Tips’ blog.

https://riad.ac/2LbL5nD

https://riad.ac/2Q9pKth

WriteFest 2020

Every year during November the IAD run WriteFest. In 2020, the festival took place digitally and here’s what happened:

WRITEFEST 2020

Perseverance

Close your door

That’s it

Preserve

WRITEFEST 2020

#ACWRIFEST20

WEBSITE

Blog:
https://riad.ac/2LbL5nD

Twitter:
@Reasearchers4Phd | @iadm4phd

Where

We also had a number of writing themed workshops running and a selection of resources to support researchers with their writing.