



# Integrating the World of Work into University

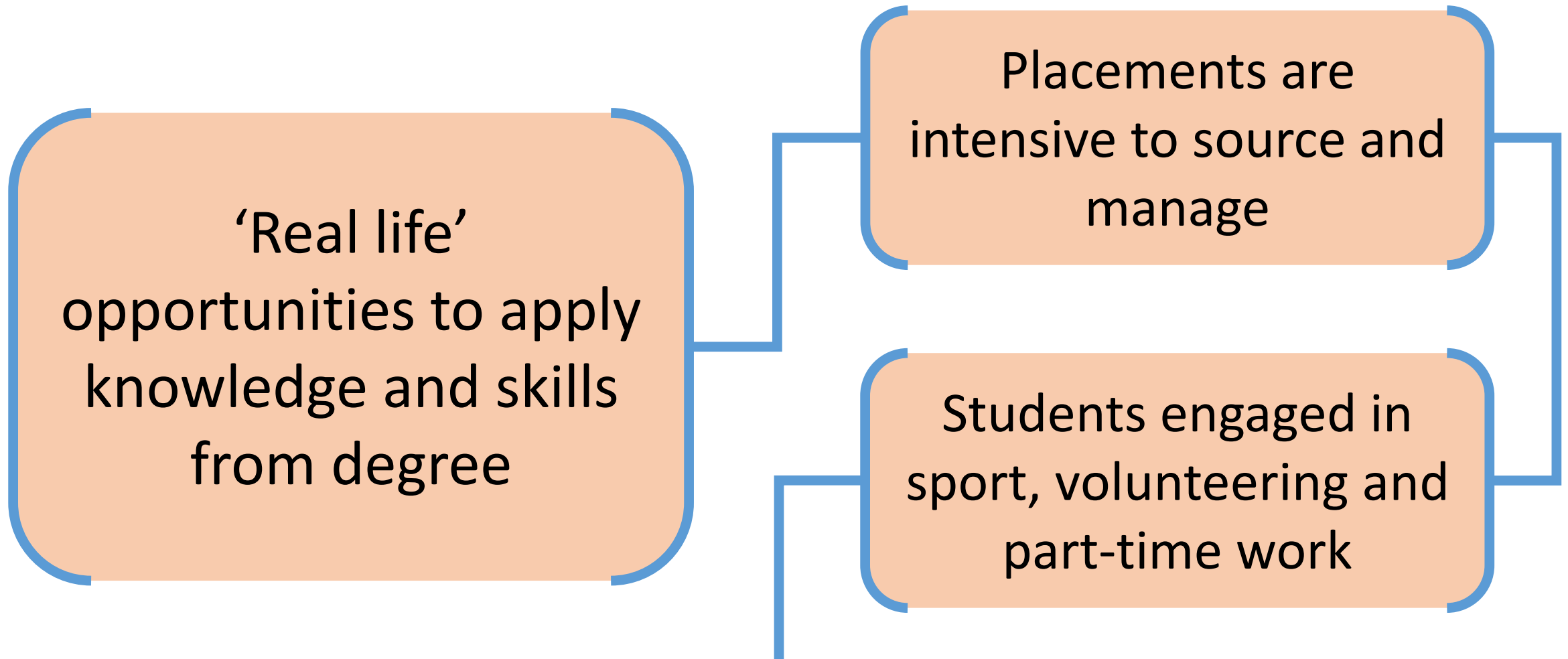
Suzanne Agnew & Dave Saunders

# What do students want?

‘Real life’  
opportunities to apply  
knowledge and skills  
from degree



# What do students want?



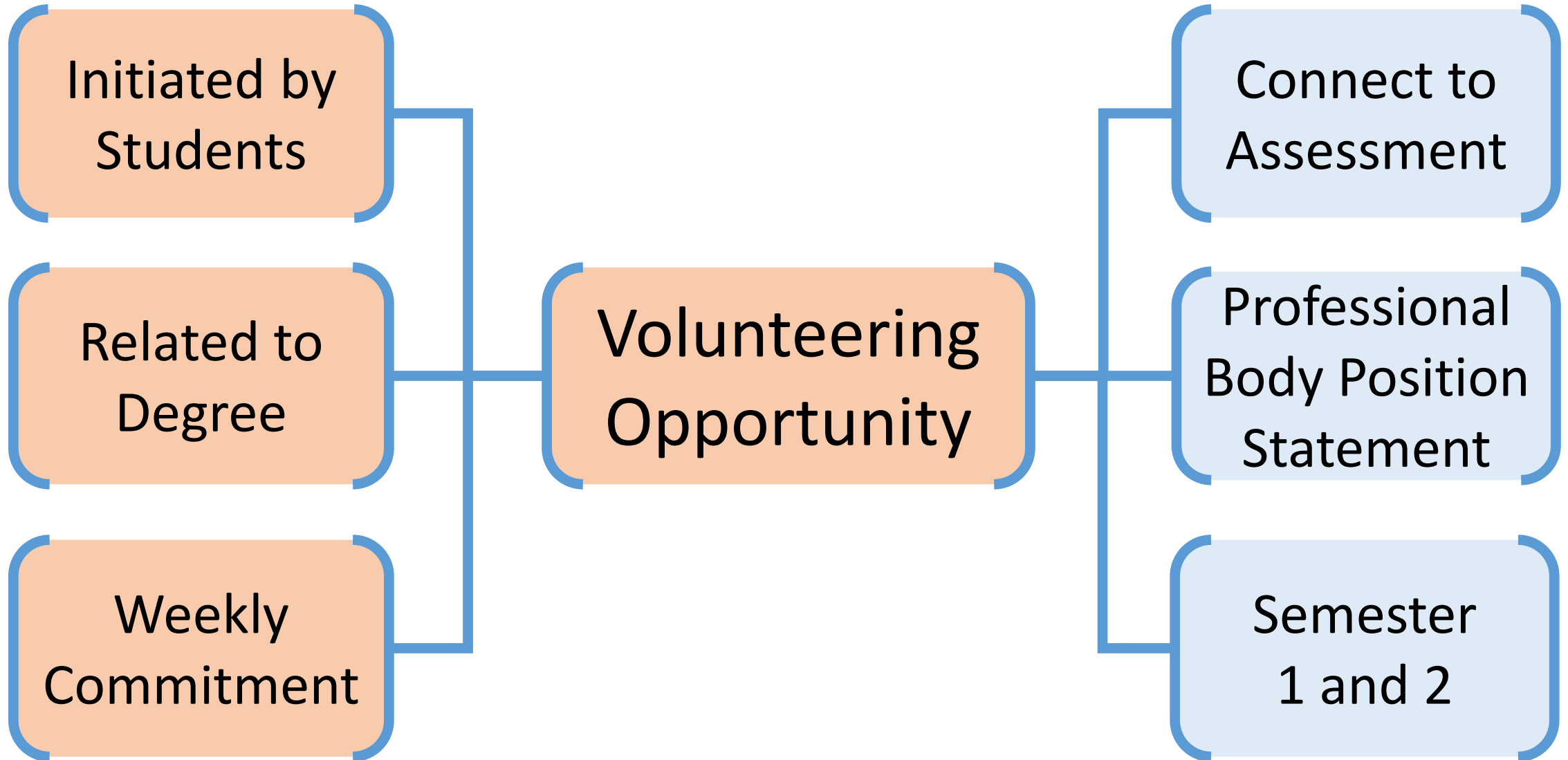
## Workplace Attachment Course?

# What is the Workplace Attachment?

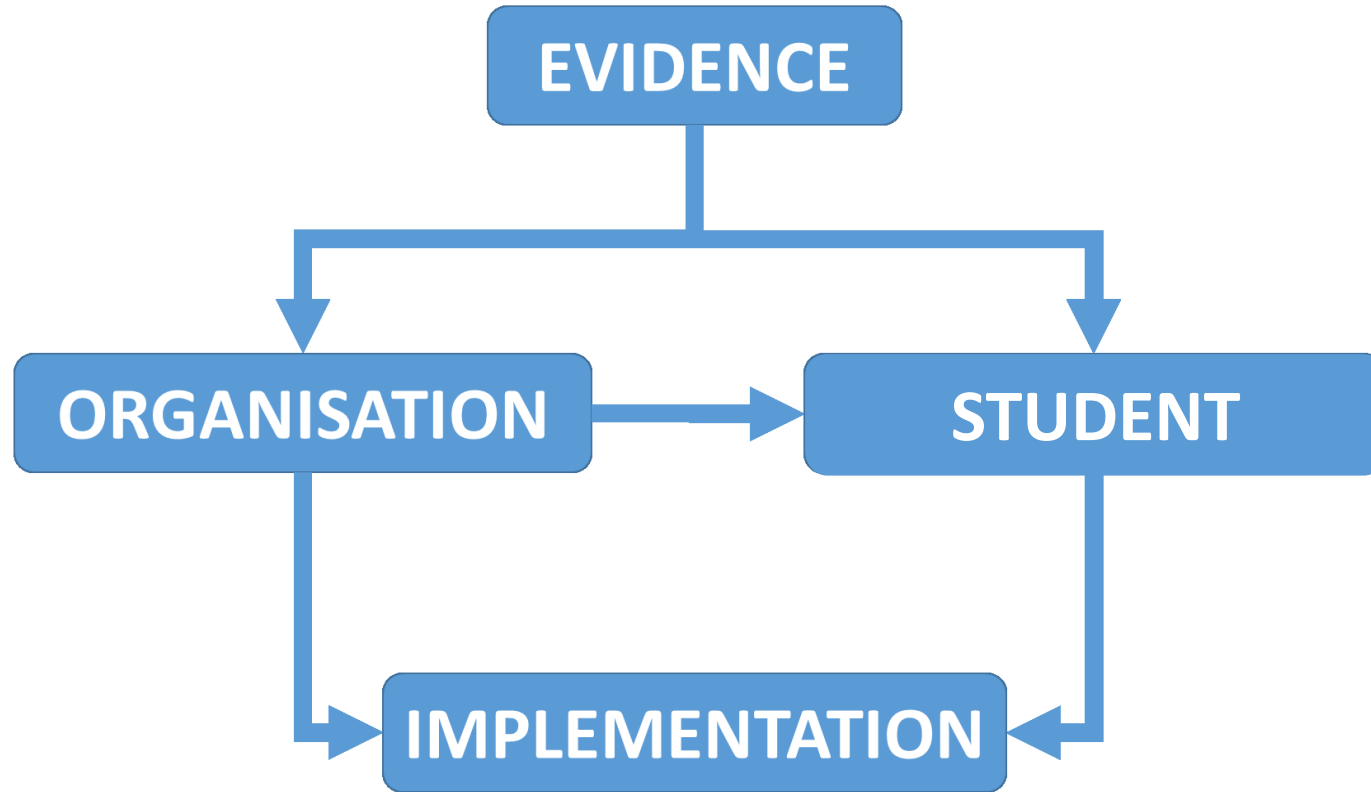
- Evaluate how knowledge in our degree discipline is utilised in an applied or professional environment
- Regular, direct involvement in delivery of sport, exercise or physical activity for health activities or services outside the university environment

but this is  
not a placement

# What is the Workplace Attachment?



# Overarching Idea of the Attachment



How is scientific evidence used to guide the implementation & delivery of sport, exercise or physical activity for health initiatives by external organisations?

Weekly Blog 30%

Reflective Report 70%

# Health-Related Attachment

Edinburgh**Headway**Group

Patron: *The Right Hon. Lord Emslie*



HOME

ABOUT

BRAIN INJURY

OUR WORK

FUNDRAISING

EVENTS

CONTACT



**Supporting adults with acquired brain injuries and their families for over 30 years.**

Edinburgh Headway Group aims to empower and enrich the lives of adults who have survived an acquired brain injury. We do this by providing high quality person-centred rehabilitation services which support both adults with brain injuries and their carers.

**"Nothing Short of a Lifeline"**

Our new video has been very kindly produced by Baillie Gifford's creative film and photography team and we thank

# Sport-Related Attachment

## WHAT WERE YOU DOING?

Strength and conditioning coaching with Hibernian FC academy



## HOW DID YOU ORGANISE IT?

I contacted Hibernian FC and got a response from the head strength and conditioning coach

## WHAT WAS IT LIKE?

It was a really good opportunity to experience this environment. All coaches were very friendly and accommodating. They even gave more opportunities for me to come in more often and work with the female football teams. Very helpful when providing necessary information to do with the assignment.

## WOULD YOU RECOMMEND IT?

Yes, I would highly recommend this course! You definitely gain more from this course than just the 20 credits.



# What do Students Think?

- Offers a 'placement-like' opportunity
- 'CV-boosting' experience
- Can be connected to almost any aspect of the degree
- Students feel 'under pressure' to engage with volunteering
- Maximize use of 'dead time' between semester 1 & 2
- One less written exam



*".....this workplace attachment, and more specifically the writing of this blog, has encouraged me to critically analyse the methods that the team use to help progress athletes and ensure their well-being. ...I will continue to use this approach in this job and in others"*

# Career-related Benefits

- Employ proactive and creative approaches
- Recognise value of reflection
- Demonstrate Edinburgh graduate attributes
- Establish and strengthen professional relationships

