

Start a blog or an online discussion forum with your peers on a topic that interests you. Develop some simple 'rules' or guidelines for posts and comments to make sure that you are using critical thinking techniques.



Set up a reading group and take it in turns to choose material to inform a critical discussion.



Find some 'seminal' research on a topic you are interested in. Ask yourself why this work has been so influential and what relevance it has for the development of your own views.



Attend a public lecture or a seminar by a visiting speaker. Discuss the key points with a friend afterwards and decide whether you agree with the argument presented.

- Propose some alternative points of view, even if you disagree.



Go for a walk. Sometimes thoughts and ideas will come to you when you have space to think and are not sitting in front of your notes or your laptop.

Think about how a particular issue is presented and debated across various types of media. Do you think the issues are represented fairly? Evaluate the quality of evidence and argument.

Reflect! Think about how you have developed your views on a particular issue in relation to your subject. What evidence convinced you? Explain how you came to your conclusions to a friend or family member.

Add your own ideas

