

PGR Supervisors

Tips and resources for supervising remotely

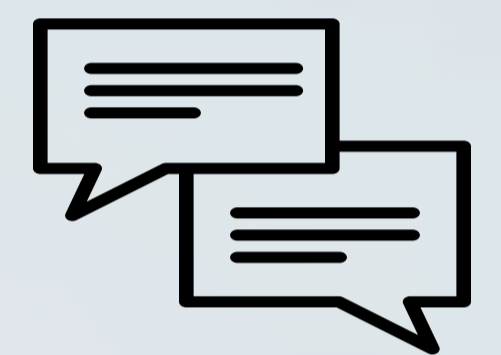
COMMUNICATION



1

- **Frequency:** depending on your circumstances and those of your student it may be that short and more frequent communication is more effective than longer, less frequent meetings
- **Formality:** make a concerted effort to connect with your student on a personal level - if they seem to be struggling talk about this
- **Technology:** experiment with different approaches (video conferencing/ apps) and find technology which serves your purposes
- **Difficult conversations:** don't shy away from or ignore challenging conversations

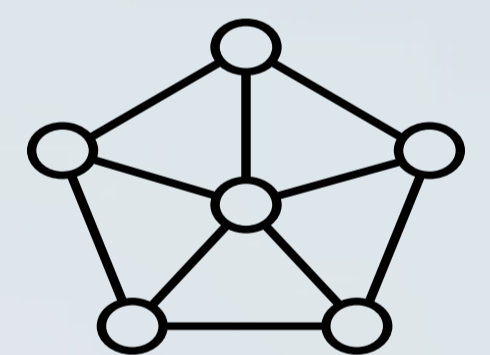
REVISITING EXPECTATIONS



2

- **Teamwork:** have an open discussion as a supervisory team - what are the constraints? how can these be addressed/ overcome?
- **Plan B activation:** if necessary, support your student in finding alternative ways to do data collection/ experimentation/ fieldwork etc. accept this will take longer and make sure they are tapped into formal support
- **Don't forget the basics:** discuss mutual expectations for meetings, submission of work, feedback etc. and agree on a plan together

YOU ARE NOT ALONE



3

- **Keep updated:** be aware of University support for PGRs to signpost to your student
Personal and professional development training and support Wellbeing services and support
- **Contacts:** know who to contact at Graduate School/ College level
- **Peer support:** encourage your student to remain connected to their peers and to seek out opportunities to engage with the research community
- **Look after yourself:** don't get overwhelmed- seek out support if you need it

Useful Links

Institute for Academic Development (IAD)

- Tools and resources for PGR supervisors including a guide to managing difficult conversations
<https://www.ed.ac.uk/institute-academic-development/research-roles/supervisors/resources>

Wellbeing services for students

- Services and self-help resources including a guide to helping distressed students
<https://www.ed.ac.uk/students/health-wellbeing>

University of Edinburgh Doctoral College

- weekly updates on support and training for PGRs
<https://uoesharepoint.com/sites/DoctoralCollege>

Staff counselling service

- Services, information and self-help resources
<https://www.ed.ac.uk/counselling-services/staff>

UK Council for Graduate Education (UKCGE)

- Effective research supervision at a distance resources
<http://www.ukcge.ac.uk/>

